

SPECIAL ABILITIES

We are very excited to offer a program for our friends in the special needs community. Participation on a Special Abilities team will provide the opportunity for challenged individuals to be physically active, set goals and make friends. Our 2015-2016 season will run from June-March. Practices are held once a week and led by USASF certified coaches as well as coaches specializing in the special needs population.

Teams

Special Abilities teams are co-ed and are comprised of athletes ages 5 and above with any type of disability. Special needs are defined as a disability characterized by impairment of skills and overall intelligence in areas such as cognition, language, motor and social abilities. We welcome athletes on the entire spectrum of their disability. Athletes in wheelchairs/walkers are also welcome.

Buddies

In the special abilities program, we utilize Buddies. Buddies are athletes from other teams within the GymTyme program that are assigned to special abilities athletes to assist in teaching routines. Buddies attend all Special Abilities team practices and participate in all performances and competitions. In order to qualify as a Buddy, an athlete must be 11 years of age and have the maturity to handle the added commitment.

For more information on becoming an athlete or Buddy, please contact:

Jenny Gapinski
Special Abilities Program Director
gapinski1991@comcast.net